



TWENTY-THIRD WEEK OF THE YEAR

Sunday 6th September - Votive Mass of the Most

Holy Eucharist

17:00 - Holy Mass: Michael & Maria Burns, Int (60th Wedding)
8:00 - Holy Mass: Holy Souls/Salomen Danilowicz, RIP
10:00 - Holy Mass with Procession and Benediction: Pro Populo
11:15 - Holy Mass: Edyca & Mirek Michon, Int

Monday 7th September - Feria

7:30 - Holy Mass: Holy Souls/Ewa Glowacki, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: James O'Brien, RIP
17:30 - Oratory Evening exercises

Tuesday 8th September - The Nativity of Our Lady

7:30 - Holy Mass: Holy Souls/Ewa Glowacki, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: Terry & Hazel O'Brien, RIP
17:30 - Oratory Evening exercises

Wednesday 9th September - St. Peter Claver

7:30 - Holy Mass: Holy Souls/Fr Brogdan Wera, RIP
19:00 - Holy Mass: Ned Walsh, RIP

Thursday 10th September - Feria

7:30 - Holy Mass: Holy Souls/Ewa Glowacki, RIP
8:30 - Oratory Morning exercises
❖ 09:30 - Start of School Year Mass
17:30 - Oratory Evening exercises

Friday 11th September - St. Deiniol

7:30 - Holy Mass: Holy Souls/Archbishop John Ward, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: Canon Jason Jones, RIP
❖ 11:00 - Requiem Mass for John Caruana, RIP
17:30 - Oratory Evening exercises

Saturday 12th September - Most Holy Name of Mary

08:00 - Holy Mass: Holy Souls/Ewa Glowacki, RIP
16:30 - Vespers
17:00 - Holy Mass: Angelika & Christopher Spiteri, RIP

Sunday 13th September - Twenty-Fourth Sunday of the Year

8:00 - Holy Mass: Holy Souls/Ewa Glowacki, RIP
10:00 - Holy Mass: Pro Populo
11:15 - Holy Mass: Teresa Jonker, RIP
16:00 - Vespers & Benediction

CONFESSION TIMES

Sundays: 15 minutes before and during all Masses

Weekdays: 7:15 to 7.30am ; 9:00 to 9:30am
Since the time of St. Philip Neri, the Fathers of the Oratory have made themselves available for Confessions during daily Mass. Outside of these set times, there is a Confessional Bell positioned in between the two Confessional Boxes in the Church. Ring to alert a Priest.



ADORATION OF THE MOST BLESSED SACRAMENT

Monday, Tuesday, Thursday &
Friday: 9.00- 9.30am Wednesday
6.00 - 7.00pm



HOLY ROSARY

Monday, Tuesday, Thursday,
& Friday: 5:30pm
Wednesday: 6:00pm

The community pray the Rosary daily for the intentions of the Parish, for those who are sick and have died recently. If you would like an intention added to the list please let one of the community know.

VENERATION OF THE RELIC OF ST. PHILIP NERI

Friday: After morning Masses



Of your charity
Please pray for the souls of

Mr John Caruana, RIP

Requiem Mass on the 11th September at 11am

&

Mr Joseph Guerin, RIP

Requiem Mass on the 18th September at 11am

*Eternal Rest grant unto them O Lord,
and let perpetual light shine upon them.
May they rest in peace.*

PRAYERS REQUESTED for the SICK

Please join the Cardiff Oratory Fathers and Brothers in praying daily for the sick and those who have care for them.

Hannah, Michael McCarthy, Elizabeth Gould, Bill Jonker, Joseph, Elizabeth, Dorothy, Bernie Horan, Patricia Kelly, Sylvia Hole,, Christine Elsmore, Kenneth Pinder, Terry Hardy, Eileen Sparkes, Ena Gray, Paul Marshall, Angela Bullard, Joan Wheeler, Alan Turner, Dawn, Alun Edwards, Dina Williams, Elaine Molan, Edgar Guerin, Dai Thomas, Marilyn Maunder, Len Reece, Dooley, Sian Haffield, Diana Ward, Mike Grant, Shirley O'Leary, Victoria Sweeney, A.& N Xavier Philips, Kevin Harris, Kate, Pauline Cook, Daniel Doran, Rita Taylor, John C. Keenan, Shirley Thomas, Anne, Daniel, Sarah Caswell, Mary May Cassidy, Rosa Tannorella, Gary Britton, Clare Schwartz, Martin Flynn, Darren, Summer Hutchinson, Johnnie Doherty, Patricia Yarwood, Libby Conway, Summer Arnesen, Diane, Laura, Jane, Lucy Iacobucci, Jason Benedito, Gareth Bowen, Ann Henry, Sarah, Claire Hawkey, Danielle Camilleri, Jane Morris, Jonathan Bowen.



Men's pilgrimage to **ST. MICHAEL'S MOUNT**

Saturday 26th September 2026



ST ALBAN'S PARISH, CARDIFF MONEY MATTERS

Our Bank Details:

Name: Oratory of St Philip Neri at Cardiff

Account: 20222572 ~ Sort Code: 52-21-06

NATWEST Bank. Cardiff Branch

Registered Charity: 1170563

Parish Giving

LooseCollection: £217.80

Gift Aid: 249.50

Gift Aid Online £1,677.33

Restoration Fund Giving

Loose Collection: £110.65

Gift Aid: 360.85

Total: £2616.13

*"Whether you give weekly, monthly,
or bank transfer God bless your generosity"*

Fr. Sebastian M.

Events this week

Monday 7th September

Tai Chi with Jeanette

11:00-12:00

Can you help?

A young Catholic family are looking to buy a house in Cardiff, having recently moved to the area. If you might consider selling yours, contact Ed & Jo Smith at mustardtreesmiths@gmail.com or 07897194483.



Of your charity
Please pray for the
souls of
**Mrs Ewa
Glowacki, RIP**
who died last Sunday

Wieczny odpoczynek racz
jej dać, Panie, A światłość
wiekuista niechaj jej
świeci. Niech odpoczywa
w pokoju.

Fr Sebastian Writes...

September is a beautiful time of the year. The warmth of the summer is still evident in the soil and the swallows are preparing to leave us for warmer shores. Any time spent in silence is always to be cherished. It can seem unsettlingly empty, especially if one has become so dependent upon the stimulation and familiarity of the sound of tv, radio, phones or the traffic outside. Silence disposes us to be attentive to the voice of God and the moving of His Grace in our immortal soul. There are of course degrees of silence, and even in the deepest forest or highest hill, in the church or in one's sitting room, nature reminds us, when we are attentive, that creation is always responding to the Creator. Silence then becomes prayer when we engage with it. We become more disposed to praying the familiar prayers we have all learnt, we become more attuned to the importance of daily Mass and regular Sacramental Confession, and we find that the hopelessness and sense of terminal drift that is all too evident in the lives of so many, and purveyed by the pagan world as normal, is replaced by "the still small voice" of which Isaiah speaks. Here we learn awe. During the Quarant'Ore, it has struck me how silence prepares people for Adoration and genuine renewal. The absence of silence in a church, speaks not of liveliness or a strong community spirit, rather it reveals a stagnation in the souls of those who have either never encountered the Lord in a personal relationship or having done so, were afraid of what "Come and See" might reveal about themselves and the greatness they carry within. I am "as deaf as a post" and increasingly struggle to hear without the aid of ever stronger hearing aids, however, the noise of talking whilst the Fathers and Brothers are chanting the Office on a Saturday evening, and the full blown conversations before and after Mass shows a lack of reverence and piety in the presence of the Blessed Sacrament and also disregards for those praying in the church. It is one thing to say a quick "How are you?" It is quite another to be talking over benches or across the aisle for some minutes. Please remember that St Alban's is an Oratory church, and therefore is in every sense, as indicated by the name, a "house of prayer". Those who would try "to marry" the Church and the world together will always be left hopeless and disappointed. The Catholic Faith calls us to encounter Christ our Saviour and hence, pray "Thy Kingdom Come!" As He, Himself taught us, "a kingdom divided against itself is divided and falls... and what a fall!" Why the Quarant'Ore? Because those prepared to accept the Lord's invitation and not make excuses as to their own business or fatigue, learn hope and encounter Divine Love.

Congratulations to Bro Benedict Joseph M. who was clothed on Thursday prior to the opening of the Quadrant Ore. Please pray for him.

Please also pray for Bro Francis Xavier, who begins his second year philosophy studies at St Mary's Seminary, Oscott. He will live at the Birmingham Oratory and will return home to Cardiff every couple of weeks, depending on studies and exams. I am most grateful to The Fathers in Birmingham for accommodating Brother.

Pop-Up Pilgrimage to Knock

The Fathers and Brothers are planning a special one-night pilgrimage to Knock, Ireland's National Marian Shrine, departing on Thursday 22nd October. We will visit the sacred site of the 1879 apparition, pray together, celebrate Mass, and enjoy time for personal prayer and reflection in this place of peace and grace. The approximate cost is £165 per person.

If you are interested or would like more information please email admin@cardifforatory.co.uk.

Other upcoming events

The parish social committee will be meeting in a few weeks time to discuss the various fundraising events that will happen between now and Christmas. There will be another **Murder Mystery Evening, A Race Night, A Cheese and Wine evening**. There will also be another **Market** in the hall in the coming months before Christmas. The monthly **Quiz Night** resumes on the 26th September. All proceeds from these events help the Restoration Fund.





Vigil Lamps for 23rd Week of the Year

- Blessed Sacrament: Chl e Thomas, Int
- Sacred Heart: Ewa Glowacki, RIP
- Divine Mercy Chapel: Glowacki & Szczech Families
- The Lady Chapel: Christian Greedy, RIP
- Chantry of Our Lady: John Caruana, RIP
- Our Lady of Pity: Josie Mahoney, RIP
- St Joseph: Joseph Guerin, RIP
- Our Lady of Walsingham: Teresa Jonker, RIP

200 Club Winners

Drawn on the 1st September

First Prize

No. 91: Jason Bedito

Second Prize

No. 170: Ron McConkey

Third Prize

No. 4: Luca Vidler



**St. Alban's Primary
welcomes back the children
after the Summer break.**



Start of Year Mass

Thursday 10th September at 9:30



Over the summer break I have had the opportunity to go through the library and read some very fascinating books. Not all factual with some fictional works. But I thought I would return with a theological work.

"On the Lord's Appearing" by Fr Johnathan Robinson is a helpful essay on Prayer and Tradition. The book uses a poem by Jacopone da Todi, who describes the five ways we understand God appears to us.

The five ways are; as a liberator, a healer, a friend, a father and a lover. Fr Robinson explains how each way is how God has appeared to us in history and appears to our hearts in prayer. As an Oratorian, Fr Robinson draws upon the examples of St. Philip and St. John Henry Newman to show how God works through prayers. For God liberates us from our sins by Christ's redemptive sacrifice on Calvary. He heals us through the Sacraments. He is that friend we can talk to about all our troubles. He is a Father in sometimes disciplining us when we go astray. He is that lover who desires to be united with us forever.

As a philosopher, Fr Robinson does use some difficult arguments and ideas, but he explains them sympathetically using the traditions of the Church. This book is helpful for those who want to know more about the tradition of prayer in the Church's history and the various saints who have written on prayer.

Aquinas Answers Modern Questions

Is there virtue in playing video games?

Objection: It would seem that playing video games is not virtuous. For virtue concerns serious and worthy actions, whereas video games are played merely for amusement. Therefore, playing video games cannot be virtuous.



On the contrary, Aristotle teaches that recreation is necessary for human life, because no one can labour continually.

I answer that: playing video games is not virtuous or vicious simply in itself. Its moral character depends upon its purpose, manner, content, and circumstances.

The human mind, being limited, requires rest after labour. Just as the body needs sleep, so the mind benefits from suitable recreation. Video games may provide such recreation. They may also exercise patience, imagination, cooperation, strategic thought, and perseverance. When played moderately, at a suitable time, and without neglecting one's duties, they may form part of a virtuous life.