



Fifth Week of Easter

Sunday 3rd May - Fifth Sunday of Easter

(Sat) 17:00 - Holy Mass: Steven Whittle, RIP
 8:00 - Holy Mass: Holy Souls/Teresa Jonker, RIP
 10:00 - Holy Mass: Pro Populo
 11:15 - Holy Mass: David Reid, RIP
 16:00 - Vespers and Benediction

Monday 4th May - Blessed Martyrs of England & Wales

8:00 - Holy Mass: Holy Souls/Anthony O'Keefe, RIP
 10:00 - Holy Mass: Adam Lasecki, RIP
 ❖ **Church Closes at Midday**

Tuesday 5th May - St. Asaph

7:30 - Holy Mass: Holy Souls/Gabriel, Int
 8:30 - Oratory Morning exercises
 09:30 - Holy Mass: Angelika & Christopher Spiteri, RIP
 17:30 - Oratory Evening exercises

Wednesday 6th May - Easter Feria

7:30 - Holy Mass: Holy Souls/Teresa Jonker, RIP
 19:00 - Holy Mass: Anthony O'Keefe, RIP

Thursday 7th May - Easter Feria

7:30 - Holy Mass: Holy Souls/Anthony, Int
 8:30 - Oratory Morning exercises
 09:30 - Holy Mass: Steven Whittle, RIP
 17:30 - Oratory Evening exercises

Friday 8th May - Easter Feria

7:30 - Holy Mass: Holy Souls/Anthony O'Keefe, RIP
 8:30 - Oratory Morning exercises
 09:30 - Holy Mass: Michael Phipps, RIP
 17:30 - Oratory Evening exercises

Saturday 9th May - Our Lady's Saturday

08:00 - Holy Mass: Holy Souls/Stasia Klaput
 16:30 - First Vespers
 17:00 - Holy Mass: Steven Whittle, RIP

Sunday 10th May - Sixth Sunday of Easter

8:00 - Holy Mass: Holy Souls/Fr Stanislaw Labuda, Int
 10:00 - Holy Mass: Pro Populo/Katherine O'Brien
 11:15 - Holy Mass: Judge Patrick Curran, QC, RIP
 16:00 - Vespers and Benediction

CONFESSION TIMES

Sundays: 15 minutes before and during all Masses
 Weekdays: 7:15 to 7.30am ; 9:00 to 9:30am

Since the time of St. Philip Neri, the Fathers of the Oratory have made themselves available for Confessions during daily Mass. Outside of these set times, there is a Confessional Bell positioned in between the two Confessional Boxes in the Church. Ring to alert a Priest.

ADORATION OF THE MOST BLESSED SACRAMENT



Monday, Tuesday, Thursday & Friday: 9.00-9.30am
 Wednesday 6.00 - 7.00pm

HOLY ROSARY

Monday, Tuesday, Thursday, & Friday: 5:30pm
 Wednesday: 6:00pm

The community pray the Rosary daily for the intentions of the Parish, for those who are sick and have died recently. If you would like an intention added to the list please let one of the community know.



VENERATION OF THE RELIC OF ST. PHILIP NERI

Friday: After morning Masses

The veneration of the relic of St. Philip Neri is a long-standing Oratory custom. When we pray before his relic, we ask for his intercession and strength to live more faithfully as Catholics.

Praying the Pater Noster



Pa-ter nos-ter, qui es in cæ-lis : sancti-fi-cé-tur no-men tu-
um; advé-ni- at regnum tu-um; fi- at vo-lúntas tu-a, sic-
ut in cæ-lo, et in terra. Panem nostrum co-ti-di- ánum
da no-bis hó-di- e; et dimítte no-bis dé-bi-ta nostra, sic-ut
et nos dimít-timus de-bi-tó-ri-bus nostris; et ne nos indú-
cas in tenta-ti- ó-nem; sed lí-be-ra nos a ma-lo.

On Sunday the 31st May, the Archbishop of Cardiff-Menevia will be conferring the Sacrament of Confirmation during the 10am Mass.

It is the custom that we sing the Our Father in Latin when the Archbishop visits. This is done to show our unity with our Archbishop who is the successor to the Apostles. This is why there is a seventh candle lit near the crucifix on the High Altar. The Archbishop represents the fullness of the Church in a particular place, and the liturgy he celebrates is meant to manifest that communion with the Universal Church. Starting from this Sunday, we will sing the Pater Noster in Latin so that we can be ready for the visit of his grace. Some of you will happily remember it from when you were younger. The chant is on the left for those who need the words and the tune.



THE ASCENSION OF THE LORD A HOLY DAY OF OBLIGATION **14TH MAY 2026**

Mass times

7:30 am

9:30 am

7:00 pm

“Men of Galilee. Why do you stand here looking into the sky? This same Jesus, who has been taken from you into heaven, will come back in the same way you have seen Him go into heaven.”



Ursula and her children wish to thank the fathers, Brothers and Parishioners for their prayers and condolences at the death of Ron Perera, RIP.

Eternal rest grant unto him, O Lord,
and let perpetual light shine upon him.
May he rest in Peace.

PRAYERS REQUESTED for the SICK

Please join the Cardiff Oratory Fathers and Brothers in praying daily for the sick and those who have care for them.

Christine Elsmore, Kenneth Pinder, Terry Hardy, Eileen Sparkes, Ena Gray, Paul Marshall, Angela Bullard, Joan Wheeler, Alan Turner, Dawn, Alun Edwards, Dina Williams, Elaine Molan, Edgar Guerin, Dai Thomas, Marilyn Maunder, Len Reece, Dooley, Sian Haffield, Dianna Ward, Mike Grant, Shirley O'Leary, Victoria Sweeney, A.& N Xavier Philips, Kevin Harris, Kate, Pauline Cook, Daniel Doran, Robert Matthews, Rita Taylor, John C. Keenan, Shirley Thomas, Anne, Daniel, Sarah Caswell, Mary May Cassidy, Rosa Tannorella, Gary Britton, Clare Schwartz, Martin Flynn, Darren, Summer Hutchinson, Johnnie Doherty, Patricia Yarwood, Libby Conway, Summer Arnesen, Diane, Laura, Jane, Lucy Iacobucci, Jason Benedito, Gareth Bowen, Ann Henry, Sarah, Claire Hawkey, Danielle Camilleri, Jane Morris, Jonathan Bowen.

Oratorian Vocation

Discernment Day

30th May 2026

Men 18-35 are invited to spend the day at the Cardiff Oratory of St. Philip Neri.

Schedule:

- 8am Mass
- 8:45 Breakfast
- 10:00 Talk "The Oratorian Vocation"
- 11:00 Coffee
- 11:30 Tour of Reliquary & church
- 12:30 Sea wall Walk
- 15:00 Afternoon Tea/Talk
- 16:00 Chant Practice
- 16:30 Vespers
- 17:00 Vigil Mass
- 18:00 Supper
- 19:00 Parish Quiz Night

Oratory House, Cameron Street,
CF24 2NX

To register email
frillytd@cardifforatory.co.uk



CONFIRMATION 2026

On Sunday the 31st May, the Archbishop will visit St. Alban's to confer the Sacrament of Confirmation.

If your child is in years 7/8 and would like to receive this final Sacrament of Initiation please speak to Fr Sebastian M.

"By the Sacrament of Confirmation, the baptized are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed."

(Catechism of the Catholic Church - 1285)

Young Adult Classes:

Saturday 16th, 23rd, & 30th May
at 11am

Adult Classes:

Tuesday 12th & 19th May
at 7pm



Upcoming events

Monday 4th May

Tai Chi with Jeanette

11:00-12:30

Great for improving balance, breathing and for relaxation. Suitable for all ages. There is a time for socialising afterward.

Tuesday 5th May

Coffee Morning

10:00-12:00

The monthly coffee morning takes place in the Parish hall. Have a cup of tea or coffee and enjoy some games of bingo. The 200 club draw will also take place.



Fr Sebastian writes...

Update on the Sacred Heart chapel

Many of you will notice today returning from Holy Communion that the replica of the holy Shroud of Turin is not in its protective case and many of the usual furnishings in the Sacred Heart Chapel have been temporarily removed for safe keeping. A family of the Parish very generously offered to pay for the complete replacement of the disintegrating lead work holding the stained glass in place and also to introduce new sacred images associated with Christ's Passion. Last year when the application was submitted to the Historic Churches Committee, they responded unanimously with their approval and commented that this application of proposed windows was one of the finest submissions they had received in some time. I recently visited the artist who is making the windows for St Alban's church with the benefactors to see the progress.

This week scaffolding will be erected inside the chapel to accommodate the removal of all the windows. You may have noticed that there is scaffolding on the outside of the windows also. I wish to record my deep appreciation to the family for their immense generosity which at once restores the windows to pristine condition (for another century) and further beautifies the Oratory church to inspire devotion and reverence among the faithful when in church to pray.



Top left: The artist Mr Christian Ryan explains the process and theological inspiration for the colours and design.

Top Right: St Edith Stein, who having been raised a Jew became a Catholic and subsequently a Carmelite nun. She is famed for her philosophical writings. She died in a Nazi death camp. Her feast day is on the 9th August.

Bottom Left: Detail of the Crown of Thorns.

ST. LUKE

Monthly Bible study on to writings of the Evangelist

First Tuesday Starts at 6:30pm

This week Parables: Part 2

 frilltyd@cardifforatory.co.uk



Aquinas Answers Modern Questions



Whether one ought to be troubled when one's favourite sports team loses?

Objection: It would seem that one ought to be greatly troubled when one's favourite team loses. For love causes sorrow at the loss of the beloved good. But a man may lawfully love his team and delight in its success. Therefore he ought to grieve its defeat.

On the contrary, It is written (Phil. 4:11): "I have learned, in whatever state I am, to be content." But the outcome of games lies outside one's control and bears little on one's true good. Therefore one ought not to be inordinately troubled by such losses.

I answer that, The passions of sorrow and joy are not evil in themselves, but are to be ordered by reason. Now the good of a sports team is not the highest good of man, but a secondary and recreational good. Hence it is fitting that one take pleasure in victory and feel some disappointment in defeat.

However, if a man is so disturbed by a loss that he falls into anger, despair, or neglect of his duties, then his response is disordered, for he gives to a lesser good the weight of a greater.

Therefore the correct response is one of moderation, governed by the virtue temperance which restrains excessive anger, and patience, which bears disappointment without disturbance of soul.

Moreover, one may turn even such a loss toward virtue, by humility in accepting what one cannot control, and by charity in maintaining goodwill toward others, even rivals. Thus the game remains what it ought to be: a source of recreation, not a cause of disorder.

Reply to Objection 1. Love, as the cause of sorrow, does indeed render it fitting that a man feels some grief at the loss of what he esteems. Yet not every love is of equal weight, nor ought every sorrow be of equal measure. Now the success of a sports team is a temporal and external good, ordered chiefly to recreation and not to the perfection of the soul. Hence the sorrow arising from its loss ought to be light and passing, not deep or enduring.



"A FAMILY AFFAIR"

16TH MAY 2026

6:30PM-10PM

ST. ALBAN'S PARISH HALL

CF24 2NT

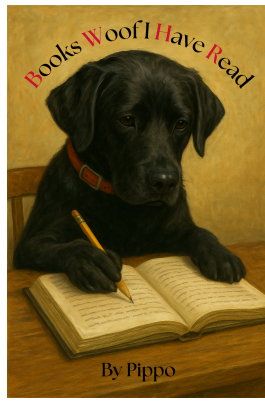
£15 PER PERSON



HOLY MASS &
TORCHLIGHT
MAY PROCESSION
FOR THE FEAST OF
OUR LADY
OF FATIMA

WEDNESDAY 13TH MAY

7PM



This week I read, *The AI Leader's Renaissance* by Austin Chen (Blackstone Publishers, 2026)

This was an engaging and practical exploration of AI (Artificial Intelligence) and how it is beginning to shape both everyday life and institutional thinking. It is written in a way that is accessible across all age groups, making it suitable for anyone approaching AI for the first time as well as those already experimenting with it in work or study.

If you have never read anything on artificial intelligence or have adopted a "what the butler saw" attitude to it, dropping random questions and then repeating the answers, then this book is for you. AI does not replace the critical thinking needed for most projects, or indeed the scrutiny of reviewing documents, it acts like a very competent PA who has access not to their own limited library or experience, but the world-wide-web. AI requires learning, both the platform you choose, but also the self-discipline required to make the best use of AI.

The book repeatedly stresses that AI is not something to fear or avoid, but rather to understand and use wisely. It draws a useful comparison with earlier technologies: calculators in the 1980s and laptops in the 2000s, both of which were once seen as disruptive but quickly became essential tools in education, work, and daily life. In the same way, AI is presented as a normal step in technological development rather than a radical break from it.

This was an excellent book and it made one reconsider the place of AI in the service of the Parish and the Oratory's mission and where to purchase the best dog treats.... The practical implications for everyday living are one of its strongest points the book makes, i.e., moving beyond abstract theory and into real-world application, especially in settings where judgement, care, and tradition matter. AI, in this framing, becomes a supportive instrument for organisation, communication, and research. It cannot and will not replace human ingenuity, creativity and responsibility. Were it to become a "monster", that would be due to the humans who designed and facilitated such a situation. This is a good place to begin.

St. Alban's Rugby Report



The league has now finished. It has been an interesting first season in Division one. After a brilliant start by winning seven out of their first nine matches, the team was dreaming of another successive promotion.

However after the Christmas break, they failed to get another win until February, where they only managed to beat the bottom sides of Barry and Rhydyfelin. It was fortunate that the Buns had a great start to the season otherwise they would have been in a relegation scrap. They finished on 45 points with nine wins and nine loses. They can take consolation that it was an impressive first season in a new division and if they kept their form going then there could have potentially been another promotion on the cards.

The second XV have also had a memorable season. With new coaches at the helm, they have led the team to a possible league win. At the time of writing, there is one game outstanding and we are waiting to see if the points will go St. Alban's way or not. They are level with Fairwater on points but the Bulldogs have a game in hand. If Fairwater do not fulfil their fixture, they may not be awarded the points meaning that St. Alban's will win the East District first division.

The season is not over for both teams as there are local cups to play for. St. Alban's Firsts have been given a walkover win against Clwb Rygbi Caerdydd, and will now play Cardiff Quins in the final, date and location to be confirmed. The Seconds are also in the semi finals of the Ron Lucock cup. They take on the Cardiff Met 2nds on the 8th May. It will be a great end of year for both senior teams collecting silverware. Terry Hardy recalled the last time both teams won the local cups. They stopped on the bridge by Splott road, they got out of the coach and proudly walked the trophies through Splott. Hopefully they can recreate this scene once both teams win.



Of your charity
Please pray for the souls of

Mrs Nell Horan, RIP

Requiem Mass on the 13th May at 11am

Mrs Veronica Williams, RIP

Requiem Mass in Our Lady of the Angels, Cwmbran on
the 7th May 12:30pm
&

Mr John Elsmore and Ms Maggie Gerry

who dies in the course of the week.

*Eternal Rest grant unto them O Lord,
and let perpetual light shine upon them.
May they rest in peace.*



Vigil Lamps for Fifth Week of Easter

- Blessed Sacrament: Nell Horan, RIP
- Sacred Heart: Terry Hardy, Int
- Divine Mercy Chapel: Glowacki & Szczech Families
- The Lady Chapel: Adam Lasecki, RIP
- Chantry of Our Lady: Judge Patrick Curran, QC, RIP
- Our Lady of Pity: Eccles & Rees Families
- St Joseph: The Children of St. Alban's School
- Our Lady of Walsingham: David Woolf & the Order of St. Lazarus



**Consider joining the
Parish SVP**

They meet at 5pm on the first Wednesday of the month and help those in need in our community. If you would like to join or help their work please speak to Maggie Suller or Marilyn Maunder.

“Charity and Cheerfulness should be our motto”
St. Philip Neri

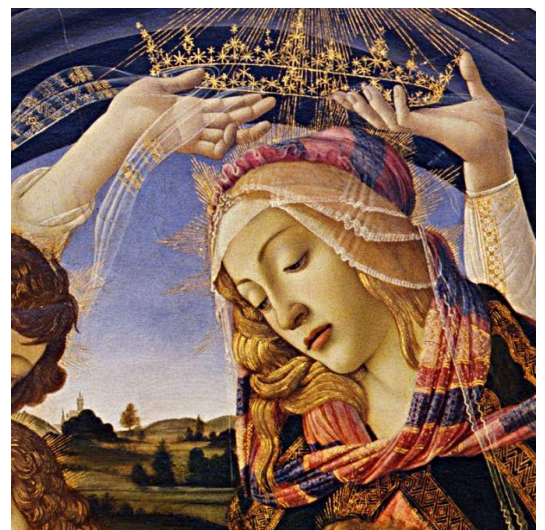
Our Lady's Month of May

May has long been cherished in the Church as the month dedicated to Our Lady, a time when the faithful turn with special affection to the Blessed Virgin Mary. As spring flowers bloom, they echo her beauty and purity, making this season a fitting tribute. Devotions such as the May Crownings show our appreciation for what the Blessed Virgin did for us. By praying the Rosary we continue to honour her maternal care and imitate her virtues. In contemplating Our Lady, we are led more deeply to Christ, whom she bore and continues to present to the world.

O Mary! we crown thee with blossoms today,
Queen of the Angels, Queen of the May!

Prayer for Peace of Pope Saint John XXIII

Lord Jesus Christ,
who are called the Prince of Peace,
who are yourself our peace and reconciliation,
who so often said, "Peace to you," grant us peace.
Make all men and women witnesses of truth,
justice, and brotherly love.
Banish from their hearts whatever might endanger
peace. Enlighten our rulers that they may guarantee
and defend the great gift of peace.
May all peoples of the earth become as brothers and
sisters. May longed-for peace blossom forth and
reign always over us all.
Amen





School News

May Procession - 20th May

There will be Mass in St. Alban's Church followed by a procession at the school in honour of Our Lady. One of the children will crown a statue of the Blessed Virgin in the school's new grotto dedicated to the Mother of God.

Corpus Christi Procession - 4th June

Following Mass in the Church, there will be a procession of the Blessed Sacrament to the school with Benediction in the school grounds.

Year 3/4 turned the classroom into a lively shop to practise real-life money skills! They recognised coins and notes, added totals, served customers and gave the correct change – bringing maths to life through fun, hands-on learning.



Y2/3's potion-making led to exploration of schemas and numeracy skills. From creativity and storytelling to estimating how many tubes of water could be filled from a single cup. Application of real mathematical thinking through hands-on, meaningful play.



Rec/Y1 have been busy outdoors, learning how to play Twinkle Twinkle Little Star on the piano and practising beats on other instruments, then taking their musical talents to the stage.



At Railway Gardens, the children were inspired to create a Buddy Bench! A safe space to sit and chat, build connections, support wellbeing and turning inspiration into action back at school. They loved using our buddy bench in the sunny weather!

