

SECOND WEEK OF LENT

Sunday 1st March - Second Sunday of Lent

(Sat) 17:00 - Holy Mass: Tyler Robinson, Int
8:00 - Holy Mass: Holy Souls/Zuzia Michon, Int
10:00 - Holy Mass: The Reece Family, Int
11:15 - Holy Mass: Pro Populo
16:00 - Vespers and Benediction

Monday 2nd March - St. David's Day

7:30 - Holy Mass: Holy Souls/Teresa Jonker, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: Peter Corr, RIP
17:30 - Oratory Evening exercises

Tuesday 3rd March - Lenten Feria

7:30 - Holy Mass: Holy Souls/Tony & Angela Jackson, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: Terry & Betty Collins, RIP
17:30 - Oratory Evening exercises

Wednesday 4th March - Lenten Feria

7:30 - Holy Mass: Holy Souls/John & Teresa Walsh, RIP
18:00 - Adoration and Rosary
19:00 - Holy Mass: Teresa Jonker, RIP

Thursday 5th March - Lenten Feria

7:30 - Holy Mass: Holy Souls/Anthony O'Keefe, RIP
8:30 - Oratory Morning exercises
09:30 - Holy Mass: Kathleen & Brian Davidson, RIP
17:30 - Oratory Evening exercises

Friday 6th March - Lenten Feria

7:30 - Holy Mass: Holy Souls/Teresa Jonker, RIP
09:30 - Holy Mass: Fred, Winifred, & Timothy Collins, RIP
17:30 - Oratory Evening exercises

Saturday 7th March - Lenten Feria

08:00 - Holy Mass: Holy Souls/John Whitfield, RIP
16:30 - First Vespers
17:00 - Holy Mass: Pro Populo

Sunday 8th March - Third Sunday of Lent

8:00 - Holy Mass: Holy Souls/J.G. Whitfield, RIP
10:00 - Holy Mass: Cyril & Bridget George, RIP
11:15 - Holy Mass: Teresa Jonker, RIP
16:00 - Vespers and Benediction

Friday's in Lent are days of Abstinence

"You shall observe the days of fasting and abstinence established by the Church") ensures the times of asceticism and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart." (Catechism of the Catholic Church: 2043)
Abstinence from meat is that penitential practice which unites us to Christ's sacrifice and helps foster self-discipline and conversion of heart.

Stations of the Cross

Fridays at 10am & 7pm

PRAYERS REQUESTED for the SICK

Please join the Cardiff Oratory Fathers and Brothers in praying daily for the sick and those who have care for them.

Alan Turner, Dawn, Alun Edwards, Dina Williams, Elaine Molan, Edgar Guerin, Dai Thomas, Marilyn Maunder, Len Reece, Dooley, Sian Haffield, Dylan Barry, Dianna Ward, Mike Grant, Shirley O'Leary, Victoria Sweeney, A.& N Xavier Philips, Kevin Harris, Kate, Pauline Cook, Daniel Doran, Robert Matthews, Rita Taylor, John C. Keenan, Shirley Thomas, Neil B. Anne, Daniel, Sarah Caswell, Mary May Cassidy, Rosa Tannorella, Veronica Williams, Gary Britton, Clare Schwartz, Martin Flynn, Darren, Summer Hutchinson, Johnnie Doherty, Patricia Yarwood, Libby Conway, Summer Arnesen, Dianne, Laura, Jane, Lucy Iacobucci, Dorotka Sookanadenchetty, Jason Benedito, Gareth Bowen, Ann Henry, Sarah, Claire Hawkey, Danielle Camilleri, Jane Morris, Jonathan Bowen.

CONFESSION TIMES



Sundays: 15 minutes before and during all Masses
Weekdays: 7:15 to 7.30am ; 9:00 to 9:30am

Outside of these set times, there is a Confessional Bell positioned in between the two Confessional Boxes in the Church. Ring to alert a Priest.

“Thus recalling the mysteries of the redemption, she opens up to the faithful the riches of her Lord's powers and merits, so that these are in some way made present in every age; the faithful lay hold of them and are filled with saving grace.”
- CCC1163

ADORATION OF THE MOST BLESSED SACRAMENT



Monday, Tuesday, Thursday & Friday:
9.00- 9.30am Wednesday 6.00 -
7.00pm

HOLY ROSARY

Monday, Tuesday, & Thursday:
5:30pm
Wednesday: 6:00pm

The community pray the Rosary daily for the intentions of the Parish, for those who are sick and have died recently. If you would like an intention added to the list please let one of the community know.

Homilies during Lent

The homilies for the Sundays of Lent will be available on our website after they have been preached, to give you more material for meditation and prayer.



ST ALBAN'S PARISH, CARDIFF

MONEY MATTERS

Our Bank Details:

Name: Oratory of St Philip Neri at Cardiff

Account: 20222572 ~ Sort Code: 52-21-06

NATWEST Bank. Cardiff Branch

Registered Charity: 1170563

Parish Giving

Gift Aid (Green Envelopes): £241.00

Loose: £310.20

Restoration Fund Giving

Gift Aid (Yellow Envelopes): 237.00

Restoration Fund: £488.05

5p Boxes: £14.50

Total

£1290.75

“Whether you give weekly, monthly, in envelopes, plate, or bank transfer God bless your generosity”

Fr Sebastian M. PP.

Re-thinking my Parish Stewardship this Lent

Fr Sebastian M., PP.

Parish Giving as Catholics should form part of my overall “weekly housekeeping budget.”

Supporting your Parish is not an added extra but who we are as Catholics. Everything associated with the Parish and Oratory has always depended on the sacrifices of faithful Catholics over the centuries. Today, you carry the torch to keep the flame alive. Increase your own individual Weekly Collection Giving by ticking the Gift Aid Box next Sunday. A simple tick redirects 25% of your paid taxes from the Government back to support St Alban's Parish. You can't claim it personally, but the Parish can, hence making your contribution greater. If you pay 40% Tax, then as well as giving 25% of your tax to the Parish, you also enjoy a further 15% rebate.

Signing up to the Weekly Giving Envelopes or Online Planned Giving is a “no brainer”. Planned Giving is confidential and governed by the laws on data protection. If you pay tax and don't sign up, then you are throwing some of your hard earned money away. Please do consider supporting Your Parish by “Gift Aiding” your donation, which will help the Parish and Oratory continue to flourish for future generations.

If you like more information please email Frsebastian@cardifforatory.co.uk

“Give back some of God's gifts to God,
that you may safely enjoy the rest”

St. John Henry Newman

giftaid it

Visitation of the Relics of Ss. John Lloyd and Philip Evans St. David's Metropolitan Cathedral



10:00am – Relics
arrive at the
Cathedral

11:00am – Holy
Mass

1:30pm – Prayer
service with
members of the
Senedd

4:00pm – Relics
depart



LENTEN ALMS FOOD PARCELS FOR FAMILIES IN NEED

The Oratory Parish will be assembling Hampers for Families in need from those in our School and in the local community during this Lenten season.

The parcels will be assembled on Monday 30th March.

Could we all bring some items and place them in the basket at the back of the church.

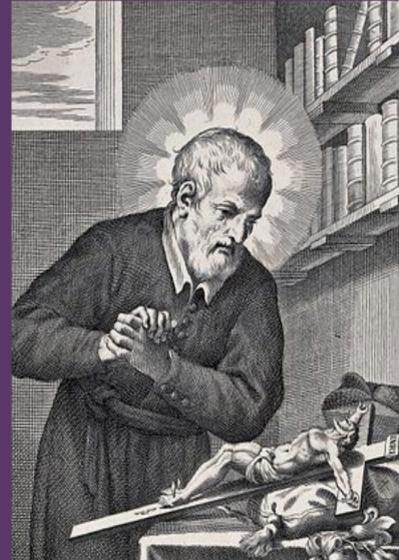
May God reward you.



STATIONS OF THE CROSS

Lead by the Fathers on Fridays
10am

7pm - Solemn Stations of the Cross
with Holy Communion



MEN'S WALKING PILGRIMAGE



21ST MARCH 2026
STARTING WITH 8AM MASS

SEVEN CHURCHES OF CARDIFF

ST. PHILIP NERI STARTED THE SEVEN CHURCHES PILGRIMAGE IN ROME TO BUILD FRATERNITY AND TO SPEND TIME IN PRAYER. CARDIFF WILL BE OUR ROME, AS THE MEN'S GROUP WILL WALK TO VARIOUS CHURCHES ACROSS THE CITY REFLECTING ON THE PASSION OF CHRIST.



WOMEN'S GROUP
STATIONS OF THE CROSS

ROSARY

& BENEDICTION

SATURDAY 7TH MARCH

Fr Sebastian Writes

"I die in and for the faith of the holy Catholic Church. I pray God save the King and send him good counsel. I die the King's good servant, but God's first."

This quote made famous in the closing scene of that magnificent film "A Man for All Seasons" was made more pertinent in the last few days at the dedication and blessing of the statue of St Thomas More in the Oratory church, by His Grace the Archbishop. The presence of the Metropolitan Archbishop and members of the Senedd was a timely reminder particularly to the Catholic people of Wales that the challenges to legitimate freedom and conscience continue today. Fecklessness, indolence, acedia may have resulted in some Catholics not writing to their Senedd member asking them to oppose assisted suicide and by this omission in fact supported vote that was passed.

A good or sound conscience can only be understood as being properly "informed" when it adheres to perennial teaching of Sacred Scripture and Tradition. Conscience cannot be said to be "informed" when it has succumbed to the allure of the world, the flesh and the devil. This may make for uncomfortable reading and that is of course my intention. Our Saviour Himself you will recall said "If the world hates you, then remember it hated me first" (John 15:18). We should be troubled by the indifference around us.

In our celebrity fascinated culture, the idea of being on the outside or the fringes can be unthinkable evening terrifying. Most people who profess atheism today are too idle to think, and this is increasingly a phenomenon among Christians, even some Catholics, who rather than accept that following Jesus Christ is by its very nature counter cultural, prefer the moral and intellectual dissolution proffered by popular liberal religiosity where once ecclesiastical state-craft or evangelical revival formed generations of Christians on these islands, to understand repentance and taking up the Cross daily was the mark of civilization, now its pride, environmentalism and terminal decline.

This Sunday's Gospel of Christ's Transfiguration on Mt. Tabor reminds us how Christ approaches and engages, and in that moment of *revelation-communion*, transforms our hearts to understand innately "Lord it is good to be here". This is Grace.

To those who like St Thomas More sought to be God's good servant first, whether in approaching Senedd members, praying and fasting and of course the Senedd members themselves, who voted to oppose the motion, God reward you! To those who put off the Archbishop's call to promote the dignity of the sick, elderly, weak and vulnerable and the call that they should receive better care and support, I quote another great champion, Cardinal Von Galen who opposed National Socialism in Hitler's Germany:

"If one once admits the right to kill unproductive persons, then none of us can be sure of his life.

No police protection, no court, no punishment will protect us from murder.

Who can then have confidence in a doctor?"



(The Archbishop and Members of the Senedd)

CHOIR GUILD OF ST CECILIA
ST ALBAN'S 10.00am PARISH CHOIR



Choir Practice

Please consider volunteering to sing with the 10.00am Parish Choir. They practice in the Parish Hall on Sunday mornings at 9:00am.

EVENTS THIS WEEK

Monday 23rd February
Tai Chi with Jeanette

11:00-12:30

Great for improving balance, breathing and for relaxation. Suitable for all ages.

Tuesday 3rd March
Coffee Morning

10:00-12:00

The monthly coffee morning takes place this week with bingo, the 200 club draw and a nice chance to socialise.

Tuesday 3rd March
St Luke Bible Study

18:30-19:15

This month we will be looking at some parables found in the Gospel and how Our Lord uses them for his teachings.

On Becoming a Catholic

Fr Sebastian M will be available on the following Mondays for those interested in becoming a Catholic: March 9th, 16th, 30th. To register to join in these sessions please email: frsebastian@cardifforatorv.co.uk



Vigil Lamps for the Second Week of Lent

- Blessed Sacrament: Donor's Intention
- Sacred Heart: Daniel Rees, Francis Eccles, & Rees and Eccles Families, RIP
- Divine Mercy Chapel: Glowacki & Szczech Families
 - The Lady Chapel: Philip Illsley, RIP
- Chantry of Our Lady: Pope Leo's Intentions
- Our Lady of Pity: Whitfield & Carbis Families, RIP
- St Joseph: Judge Patrick Curran, QC, RIP
- Our Lady of Walsingham: David Woolf & the Order of St. Lazarus



Of your charity
Please pray for the souls of

Ms Kathleen John, RIP

Requiem Mass on Tuesday 3rd March at 11am

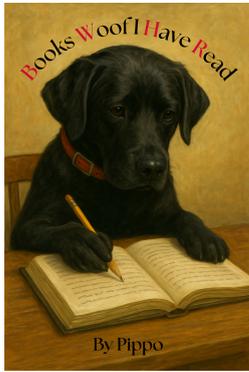
Mr Nicholas Grimar, RIP

Requiem Mass on Monday 9th March at 11am

Mrs Bernice Pearce, RIP

Requiem Mass on Wednesday 11th march at 11am

Eternal Rest grant unto them
O lord and let perpetual light shine upon them.
Jesus Mercy + Mary Help



This week, I read
'I, Claudius', by Robert Graves.

A few years ago, the BBC re-ran its much-acclaimed 1976 television adaptation of I, Claudius, which was a 13-episode dramatization of both the book and its sequel, Claudius the god, combined. I remember that the sets and cinematography looked rather dated, viewed almost 30 years after production, but both the story and the acting (it had a stellar cast) had more than stood the test of time.

First published in 1934, this historical novel is told from the perspective of the man who became the fourth emperor of Rome, following the assassination of the notorious Caligula in January AD 41. Graves wrote it as the memoirs of Claudius – long buried, only recently discovered, and composed for the benefit of posterity. Whilst there is undoubtedly truth in the story (that, after all, is the basis for all historic fiction), there is no escaping the fact that Graves (adopting just about every innuendo he could find in the writings of the Roman historian, Tacitus), made the story just about as scandalous as he could. For example, he paints Claudius's grandmother, Livia, as a monster who was responsible for the deaths of (amongst others) a string of her relatives, which was almost certainly not the case. Although the book was undoubtedly well-conceived and well-written, it is hard not to think that it was intended to gratify the basest of human tastes. It is one thing to read about history for the sake of acquiring knowledge, but it is quite another thing to read stories of violence and depravity as entertainment (and deliberately exaggerated stories at that).

For all that, I, Claudius is a classic, and that is why I was so keen to read it; but I cannot say that it is the sort of book I should like to make a habit of reading.

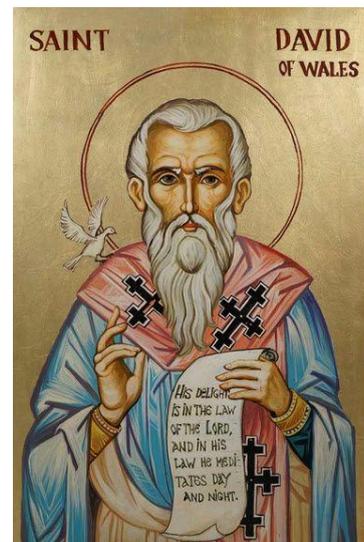
St David's Day 2026

The annual solemnity of our Patron saint is March 1st. However, with that date falling on a Sunday in Lent, the celebrations are moved to March 2nd.

We will be singing the hymn, O Great Saint David. This was written by Archbishop Francis Mostyn (1860-1939) of Cardiff, Wales. He composed this tribute to St. David to be sung at the dedication of a church named in honour of St. David's mother: St Non's Chapel, which took place on St. David's Day 1934.

O great St. David, still we hear thee call us
Unto a life that knows no fear of death;
Yea, down the ages will thy words enthrall
us,
Strong, happy words; "Be joyful, keep the
faith."

On Cambria's land stretch out thy hands
in blessing:
On our dear land, thy help we now
implore,
Lead us to God, with humble hearts
confessing
Jesus, Lord and king for evermore.
"Byddwch lawen, cadwch y ffydd, a
gwnewch y pethau bychain"



Be Joyful, Keep the Faith, and do the little things."



School News

The school returned this week from their half term break. Before they left, years 4 and 5 visited the ancient town of Caerleon and learned about its Roman history. They visited the Baths and the Museum and got the chance to dress up as Romans in their togas.



Some of the Children were present at the recent opening of the Splott Community Volunteers Charity Shop opening. They met some of the volunteers who help run the charity and learned about all the good work that they do in the area.

On the 26th February, a few pupils from years 5/6 were present at the blessing of the new statute. The Archbishop was pleased to see the children.

The whole school held an Eisteddfod before the half term break. They showed off their brilliant singing and poetry where they sang Oes Gafr Eto and Sospan Fach. In the week leading up to the Eisteddfod, the classes took part in a colouring competition. They have carefully incorporated Cardiff landmarks or Welsh symbols into their sketches.

Da iawn i pawb.



The School will be joining us for Mass next Sunday.