



REMEMBRANCE SUNDAY

Sunday 9th November - REMEMBRANCE SUNDAY

8:00 - Holy Mass: Holy Souls/Fr. Stanislaw Labuda, Int

10:00 - Holy Mass: Angelika Spiteri, RIP

*** Act of Remembrance 11:00**

11:15 - Holy Mass: Zurlo & Ianni Family, RIP

16:00 - Vespers and Benediction

Tuesday 10th November - St. Leo the Great

7:30 - Holy Mass: Holy Souls RIP

8:30 - Oratory Morning exercises

09:30 - Holy Mass: Callegari Family, Int

17:30 - Oratory Evening exercises

Tuesday 11th November - St. Martin of Tours

7:30 - Holy Mass: Holy Souls/Cabris, Whitfield, & Mort Families, RIP

8:30 - Oratory Morning exercises

09:30 - Holy Mass: Esme Chard, Int

17:30 - Oratory Evening exercises

Wednesday 12th November - St. Josphat

7:30 - Holy Mass: Holy Souls/Teresa Jonker, RIP

19:00 - Holy Mass: Studies for Isaac

Thursday 13th November - Feria

7:30 - Holy Mass: Holy Souls/Teresa Jonker, RIP

8:30 - Oratory Morning exercises

09:30 - Holy Mass: Tom Connors Int

17:30 - Oratory Evening exercises

Friday 14th November - St. Dyfrig

7:30 - Holy Mass: Holy Souls/Christopher, RIP

8:30 - Oratory Morning exercises

09:30 - Holy Mass: Teresa Jonker, RIP

17:30 - Oratory Evening exercises

Saturday 15th November - Our Lady's Saturday

08:00 - Holy Mass: Holy Souls/Eugino & Francesco Nicastro, & Minotto, RIP

16:30 - First Vespers

17:00 - Holy Mass: John C. Matthews, RIP

Sunday 16th November - 33rd Sunday of the Year

8:00 - Holy Mass: Holy Souls/Fr. Stanislaw Labuda, Int

10:00 - Holy Mass: Angelika Spiteri, RIP

11:15 - Holy Mass: Zurlo & Ianni Family, RIP

16:00 - Vespers and Benediction

CONFESSION TIMES

Sundays: 15 minutes before and during all Masses

Weekdays: 7:15 to 7.30am ; 9:00 to 9:30am

Since the time of St. Philip Neri, the Fathers of the Oratory have made themselves available for Confessions during daily Mass. Outside of these set times, there is a Confessional Bell positioned in between the two Confessional Boxes in the Church. Ring to alert a Priest.

ADORATION OF THE MOST BLESSED SACRAMENT



Monday, Tuesday, Thursday & Friday: 9.00- 9.30am

Wednesday 6.00 - 7.00pm

HOLY ROSARY

Monday, Tuesday, Thursday, & Friday: 5:30pm

Wednesday: 6:00pm

The community pray the Rosary daily for the intentions of the Parish, for those who are sick and have died recently. If you would like an intention added to the list please let one of the community know.



VENERATION OF THE RELIC OF ST. PHILIP NERI

Friday: After morning Masses

The veneration of the relic of St. Philip Neri is a long-standing Oratory custom. When we pray before his relic, we ask for his intercession and strength to live more faithfully as Catholics.

PRAYERS REQUESTED for the SICK

Please join the Cardiff Oratory Fathers and Brothers in praying daily for the sick and those who have care for them.

Dooley, Sian Haffield, Dylan Barry, Dianna Ward, Mike Grant, Shirley O'Leary, Victoria Sweeney, A.& N Xavier Philips, Kevin Harris, Kate, Pauline Cook, Daniel Doran, Robert Matthews, Rita Taylor, John C. Keenan, Dennis Kassimi, Shirley Thomas, Neil B. Anne, Daniel, Sarah Caswell, Mary May Cassidy, Rosa Tannorella, Veronica Williams, Gary Britton, Clare Schwartz, Martin Flynn, Darren, Summer Hutchinson, Johnnie Doherty, Patricia Yarwood, Libby Conway, Elizabeth Conway, Summer Arnesen, Dianne, Laura, Jane, Lucy Iacobucci, Dorotka Sookanadenchetty, Jason Benedito, Gareth Bowen, Ann Henry, Sarah, Claire Hawkey, Danielle Camilleri, Jane Morris, Jonathan Bowen.

THIS WEEK'S VIGIL LAMPS

Please use the dedicated candle envelopes in church to make a donation for your vigil candle. If you would like to have one of the vigil lamps burn for a loved one's anniversary or for some special intention or in thanksgiving please use the candle envelopes or write the name on an envelope and drop it in the plate or the sacristy. For a donation of £4.50, to pay for the candle, your intention will be remembered by the whole Parish for one week.

- Blessed Sacrament: Pope Leo's Int
- Sacred Heart: Judge Patrick Curran, QC, RIP
- Divine Mercy Chapel: Glowacki & Szczech Families
- The Lady Chapel: Teresa & Tony Mead
- Chantry of Our Lady: Clergy of the Archdiocese
- Our Lady of Pity: Carbis, Whitfield, & Mort Family
- St Joseph: Missionaries
- Our Lady of Walsingham: David Woolf & the Order of St. Lazarus

EVENTS THIS WEEK

Sunday 9th November

Bring and Share in Hall

After the 11:15 Mass

The Bring and Share social takes place in the Parish Hall on the second and fourth Sundays of each month after the 11:15 Mass. A great opportunity to socialise.

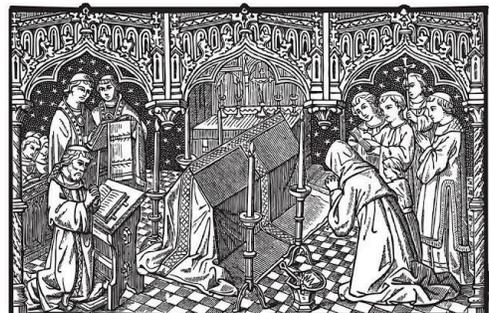
Monday 10th November

Tai Chi with Jeanette

11:00-12:30

Jeanette who teaches the low-impact Chinese martial art. Great for improving balance, breathing and for relaxation. Suitable for all ages.

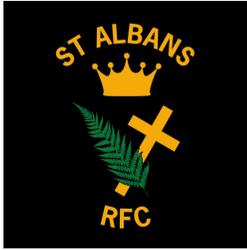
MONTH OF NOVEMBER FOR THE FAITHFUL DEPARTED



VESPERS FOR THE DEAD

- MONDAYS 17:30

St. Alban's Rugby Report



It was not a promising start from the Buns against one of the top of the table rivals Abercynon on a day that threatened to pour down with rain, but which instead started with a deluge of first half tries against the home team.

A very early penalty saw Abercynon's number nine do a quick tap and nearly broke through to the try line. With the Buns defense scrambling to get back, he was brought down on the 22 only for the scrum half leap to his feet and run in under the posts - "not held" was the verdict of the Ref, with everyone in black and amber shaking their heads in disagreement. A penalty kick from Abercynon earned them a further three and the Buns leaked two more tries (neither converted), earning a yellow card in a desperate attempt to stop the second try. With 7 minutes of the first half to go and down to 14 men, St. Alban's knew they needed to dig deep to claw things back. The forwards began fronting up taking the ball at the Abercynon defence and even with a one man deficit St Alban's ran in a try just before the half time whistle. With the visitors leading 5-24

The second half saw Abercynon immediately shaken by the new resolve from the Buns. The Buns scored first and five minutes later, and back to a full complement, another try. At 19-24 both the crowd and players started to realise the comeback of all comebacks was on the cards. A harsh penalty from the Ref saw Abercynon increase the lead to two scores. A fumble from Abercynon left the ball bobbling a yard from the tryline with our winger scooping the ball up at pace and diving over the line. Another missed conversion left the score at 24-27, but the Buns could see victory in their sights. A penalty brought the scores level and another try for the Buns saw them take the lead for the first time.

With the added buffer of seeing a yellow card issued to a now demoralised and panicked Abercynon the Buns steered the game home. Five minutes to play and a tricky penalty kick increased the Buns lead to deny Abercynon a losing bonus point. Even with a last chance attempt at the posts in the final minute Abercynon couldn't win a consolation bonus point. The match ended 35-27. This was a remarkable comeback and showed the grit and determination of the boys, all prepared to dig deep and play hard for the Black and Amber!

This win takes St Alban's into second place in the league on 23 points, four behind top of the table Penarth on 27. St Alban's have a game in hand. Next up St. Alban's welcome Barry RFC to Tremorfa Park before a lengthy break as the Autumn Internationals take place.



A very happy
Birthday to
Mary Beech
who is celebrating a
Milestone Birthday
this week.



DATES FOR THE DIARY

NOVEMBER

LIGHTING THE CHRISTMAS TREE

Friday 28th at 4:30pm outside the Church

One of the highlights of the year is happening, the arrival of the Christmas tree! This year, the tree lights will be switched on at 4:30 p.m., accompanied by the joyful singing of Christmas carols. Father Christmas will be joining us too, ready to collect letters from children with their Christmas wishes. Don't miss this wonderful start to the holiday season!



PARISH CHRISTMAS FAYRE

Saturday 29th from 10am - 1pm in the Parish Hall

Join us for a delightful day of festive treats, handmade gifts, and seasonal cheer. Tables are available for just £10 to sell crafts and other Christmas treats.

YOUNG ADULTS OPEN MIC

Sunday 30th from 6pm-9pm in the Parish Hall

After the success of the last Open Mic, the young adults have asked for another one to be held. Those 18-35 are encouraged to come along and show off your talents, whether it be singing or storytelling. There will be refreshments available. Tickets will be £2.

DECEMBER

WREATH MAKING

Saturday 6th 2:30pm in the Parish Hall

To get into the festive spirit, there will be a wreath making event in the Hall. All you have to bring is your own decorations and the greenery with expertise will be provided. Tickets will be available next Sunday.

LESSONS AND CAROLS

Friday 12th 7pm in the Church

The Annual festival of Lessons and Carols is another highlight of the Christmas season. His Grace, the Archbishop of Cardiff-Menevia will preside this year. Following the service there will be minced pies and mulled wine in the Parish Hall.

CHRISTMAS SOCIAL

Saturday 20th starting at 6:30pm in the Parish Hall

The Christmas Social is always a jolly occasion where there will be Carols, Pantomime Sketches and the Christmas raffle draw.



This week, I read 'White Heat: A History of Britain in the Swinging Sixties', by Dominic Sandbrook.

This book is the sequel to 'Never Had It So Good', which the more alert among you may recall that I reviewed back in June of this year. Although it picks up the story following on from the election of Harold Wilson in 1964, and takes it to the accession of Edward Heath in 1970, it actually opens with the State Funeral of Sir Winston Churchill in January 1965, which was so emblematic of the passing of an age.

I think there are two main reasons why I am such a big fan of Dominic Sandbrook. The first is that he has a succinct and journalistic style which makes him very readable and entertaining. The second, less superficial, perhaps, is that he writes about history from the point of view of ordinary people; and he is rightly sceptical of popular generalizations. By way of example, Sandbrook debunks the idea that Britain was 'swinging' in the 1960s. Parts of London may have been swinging, especially if you had the money, but most of Britain was certainly not. Of course, Sandbrook is able to do this only because he specializes in a period in history where the testimonies of ordinary people are so much more readily available to historians. He relies heavily on the results of mass observation studies, which are so illuminating, as well as other statistics. Historians of earlier periods do not have that luxury!

One illuminating statistic is that, in Sunderland in the mid-sixties, nine out of ten privately- owned houses had no indoor lavatory; whilst three-quarters of houses had no bath.

This does not really chime with the popular perception of life in sixties Britain, as it was coming to be represented by film and television, but that was because popular perception did not necessarily reflect popular reality.

I find it fascinating that this book covers a period of just six years (its sequels cover four, five, and four years respectively), yet Sandbrook writes about the period in such detail that this is a fairly substantial work, encompassing politics, film, television, theatre, fashion, sport, immigration and the steady growth in racial tensions, to the ordinary lives of ordinary people. All of this, I think, makes it a compelling read and a worthy successor to 'Never Had It So Good'. I look forward to reading the next book in the series.



A Catholic view: The History of Western Philosophy

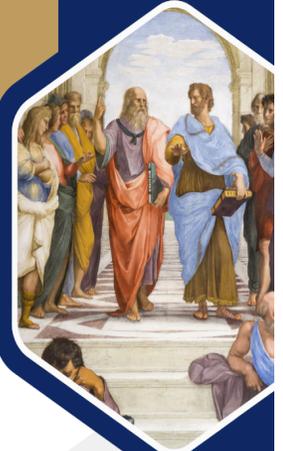
Join our year-long programme exploring the great journey of philosophy, from the wisdom of the Ancient Greeks to the questions of modern times. Along the way, uncover how these ideas are understood by the Church.

Third Tuesday of the Month

6:30pm

 www.cardifforatory.co.uk

 frillytd@cardifforatory.co.uk





First Holy Communion and Confession 2026

Classes for children wishing to receive these Sacraments of Initiation will begin on the 11th January. Classes will take place in the Lower Sacristy from 4:30pm-6pm. If you wish your child to begin in January please speak to either Fr. Iltyd, Maggie or Theresa. The deadline for enrolment is the 21st December.

Catechesis is a vital part of the Church's mission, especially in the formation of children. It is through catechesis that the faith is passed on, not just as knowledge, but as a living relationship with Jesus Christ. Children are naturally open to wonder and truth; catechesis nurtures that openness, helping them to understand that they are loved by God and called to follow Him. "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." (Matthew 19:14) By learning the prayers, stories, and teachings of the Church, they begin to build the foundation of a lifelong faith that will sustain them through every stage of life.

This year, our parish is introducing a new program from Dynamic Catholic called **Blessed**. It is a beautifully designed and engaging catechetical series created especially for children preparing for First Reconciliation and First Communion. Through vivid storytelling, animation, and relatable lessons, *Blessed* helps children not only learn about the sacraments but truly fall in love with them. The program encourages families to grow together in faith, turning preparation for the sacraments into a shared spiritual journey.

With *Blessed*, we hope to make catechesis an experience of joy and encounter, helping the young ones to see that the faith is not just something to study, but something to live, celebrate, and treasure for a lifetime.

Children's Liturgy

Each Sunday there is Children's Liturgy in the Lower Sacristy during the 10am Mass.

The Children learn about that Sunday's Gospel and how to put it into practice.

Speak to Theresa about your child joining.



Distinguished Service Awardees' 2025

I am sure we can recall the time when our parents and grandparents schooled us in the importance of saying "please" and "thank you". I find myself saying the almost exact say phrases when confronted by a child and increasingly, young adults who have either forgotten this life lesson or were indulged. Today (Saturday 8th November, 2025) it has been my great privilege to thank those parishioners of St Alban's Church who have given outstanding service to this Parish and local community. The unseen work that enables the benches you sit on to be clean, the floors polished, the social events to run smoothly, the choir to sing, the altars to be adorned with flowers, catechising the children, supporting the safety of the Parish, building community, and so on all required commitment and love. Today's recipients have shown both. None of those who received a diploma for *Outstanding Achievement* asked or even expected such recognition, but it was important that we did so. A few years ago we had a similar ceremony and it was always my intention that another should follow more quickly. For various reasons it took longer, but now it has indeed happened. Today I thank these remarkable men and women in *your* name and in my own. The "thank you" is sincere and the sentiment genuine. God Reward you.

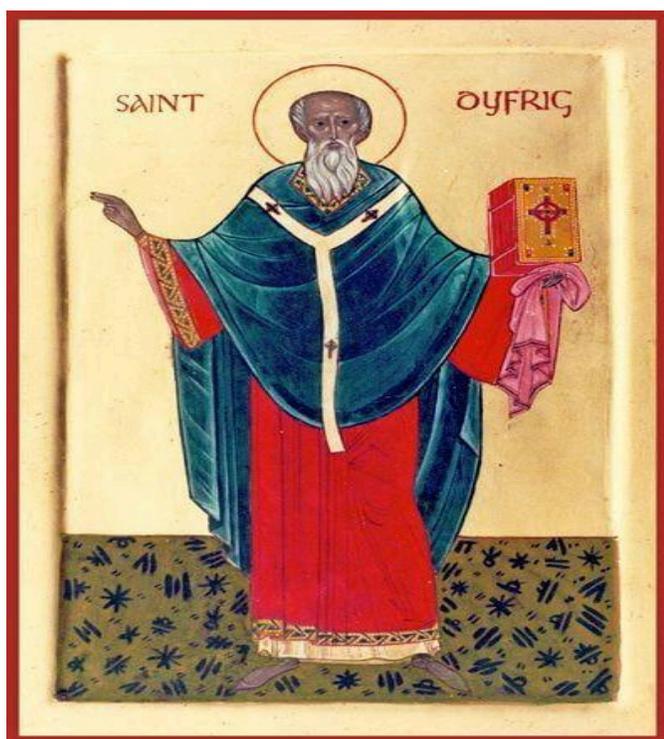
Awardees 2025

- Herbert Alderman
- Iddy Benedito
- Angela Bullard
- Maria Burns
- Christine Churcher
- Noreen Davis
- John Houlston
- Clare Jackson
- Ann Keane
- Patrick Keane
- Marilyn Maunder
- Ronald McConkey
- Elaine Molan
- Maggie Suller
- Theresa Vega
- Celia Vidler
- John Young



Saint of the Week

Saint Dyfrig (in Latin Dubricius) was a 6th-century Welsh bishop, abbot, and missionary renowned for his holiness and learning. Born around 465 in Herefordshire, he became one of the most influential figures in the early Church in Wales. Tradition credits him with founding monastic schools at Hentland and Moccas, which became important centers of Christian learning. He is said to have ordained several notable Welsh saints, including St. Teilo, St. Samson, and possibly St. Illtyd. According to later legend, Dyfrig accompanied St. David to Jerusalem, where both were consecrated bishops by the Patriarch. Dyfrig eventually served as Archbishop of Llandaff before retiring to Bardsey Island, where he died around 550. His feast is celebrated on November 14.



Of your charity
Please pray for the soul of

Mr Peter Grainger

*Funeral Mass on Monday 17th
November at 11am*

Eternal Rest grant unto her O lord
and let perpetual light shine upon
her.

Jesus Mercy + Mary Help



Of your charity
Please pray for the soul of

Mr Jimmy Pratt

Details to be announced

Eternal Rest grant unto her O lord
and let perpetual light shine upon
her.

Jesus Mercy + Mary Help

200 club Prize draw winners

1st Prize - Number 77 : C Vidler

2nd Prize - Number 149: N Bodman

3rd Prize - Number 76: P Walentin

Next months draw will take place on the 2nd December at the Coffee Morning