



A Parish of the Archdiocese of Cardiff: Registered Charity N° 1177272

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## ADORATION OF THE MOST BLESSED SACRAMENT

Monday, Tues, Thurs & Friday (9.00- 9.30)

Wednesday 6:00pm

(Confessions during these times)

<p>SUNDAY 9<sup>th</sup> February  <b>5<sup>th</sup> Sunday in Ordinary Time</b>                      17:00 Mass (<i>Vigil</i>): Sib Nath Mandal, RIP                      08:00 Mass: <i>Pro Populo</i>                      10:00 Mass: Angelika Spiteri, RIP                      11:15 Mass: Judge Patrick Curran QC, RIP                      16:00 Second Vespers &amp; Benediction</p>	<p><b>THURSDAY 13<sup>th</sup> February</b>                      07:30 Mass: Holy Souls/Richard, RIP                      08:30 Oratory Morning Spiritual Exercises                      09:00 Eucharistic Adoration &amp; Confessions                      09:30 Mass: Special Intention                      17:30 Rosary &amp; Oratory Evening Spiritual Exercises</p>
<p>MONDAY 10<sup>th</sup> February  <i>St. Scholastica</i>                      07:30 Mass: Holy Souls/E., RIP                      08:30 Oratory Morning Spiritual Exercises                      09:00 Eucharistic Adoration &amp; Confessions                      09:30 Mass: Celebrant's Intention</p>	<p>FRIDAY 14<sup>th</sup> February  <i>Sts. Cyril &amp; Methodius</i>                      09:00 Eucharistic Adoration &amp; Confessions                      09:30 Mass: Gerald &amp; Faye Simpson, RIP                      17:30 Rosary &amp; Oratory Evening Spiritual Exercises</p>
<p>TUESDAY 11<sup>th</sup> February  <i>Our Lady of Lourdes</i>                      07:30 Mass: Holy Souls                      09:00 Eucharistic Adoration &amp; Confessions                      09:30 Mass: Sr. Madalina, Int.                      17:30 Rosary &amp; Oratory Evening Spiritual Exercises</p>	<p>SATURDAY 15<sup>th</sup> February  <i>Our Lady's Saturday</i>                      08:00 Mass: Holy Souls                      16:30 First Vespers                      17:00 Mass (<i>Vigil</i>): Sebastiana &amp; Antonio Moncada, RIP</p>
<p>WEDNESDAY 12<sup>th</sup> February                      07:30 Mass: Holy Souls/Jan Paclawski, Int.                       18:00 Rosary ~ Eucharistic Adoration ~ Confessions                      19:00 Mass: Cyril &amp; Bridget George, RIP</p>	<p>SUNDAY 16<sup>th</sup> February  <b>6<sup>th</sup> Sunday in Ordinary Time</b>                      08:00 Mass: <i>Pro Populo</i>                      10:00 Mass: Constance A. Matthews, RIP                      11:15 Mass: Wladyslaw &amp; Kornel, RIP                      16:00 Second Vespers &amp; Benediction</p>

### PRAYERS REQUESTED for the SICK

*The Fathers and Brothers remember the sick and those who have care for them in their prayers and at Mass.*

Daniel, Sarah Caswell, Mary May Cassidy, Rosa Tannorella, Julian, William, John O'Donoghue, Elizabeth Williams, Veronica Williams, Gary Britton, Clare Schwartz, Martin Flynn, Darren, Summer Hutchinson, Johnnie Doherty, Patricia Yarwood, Teresa Jonker, Elizabeth Conway, Summer Arnesen, Dianne, Laura, Jane, Lucy Iacobucci, Brooke, Mike, Hayden, Dave, Patrick Mongan, Dorotka Sookanadenchetty, Jason Benedito, Gareth Bowen, Ann Henry, Sarah, Claire Hawkey, Danielle Camilleri, Jane Morris, Jonathan Bowen, Anne Marie Bell, Karen, Jenny, Kingsley, Gareth Vaughan, Hannah Bird, Bernadette Horan, Mark, Joseph Heron, Yvonne Murray, Patrick M., McGinley Family, Anna Maria & Carmella Tannorella, Rose Christina, Mark, Martin, Geoff, Billy Page, Alison, Kit Lewis, Phoebe, Paul, Ruth Pinder, Christian Babu, Olive Bowen, Paul Burns, Julie Cale, John Cowhey, Elle Fine, Jim & Doris Painter, Sharon Bradley, Nell Horan, James Hogg, Jennifer King, Shirley & Michael Kingston, E. Connors, Shelagh O'Donoghue, J. Pratt, J. Price, Beatrice Rajanayagam, Nia P-Jones, Elizabeth Sitole, Pamela, Daniel, Ellen Smith, Joseph Smith, Benjamin & Abigail Smith, Gareth & Ethan Woodberry, Shirley O'Leary, Jim Price, Bernard Mahoney, Margaret Tyler, Margaret O'Brien, Brenda Brooks.



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**CARDIFF ORATORY CONFESSION TIMES**

*Sundays: before & during all Masses / Weekdays: 9 am to 9:30 am*

Since the time of St. Philip Neri, the Fathers of the Oratory have made themselves available for Confessions during daily Mass, as well as during Sunday Masses. Outside of these set times, there is a **CONFESSIONAL BELL** positioned in between the two Confessional Boxes in the Church. Ring to alert a Father. If available he will respond.

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**VIGIL LAMPS**



The ancient Catholic tradition of lighting vigil lamps in our churches and chapels is deeply significant and retains its importance for us today. If you would like to have one of the lamps

burn for a loved one's anniversary or for some special intention or in thanksgiving please write the name on an envelope and drop it in the plate or the sacristy. There are vacancies in the lamps for February 2025

- **Blessed Sacrament:** Charles F Jones, RIP
- **Sacred Heart Chapel:** Coffey Family Int
- **Divine Mercy Chapel:** Glowacki & Szczech Fam.
  - **The Lady Chapel:** Terry & Hazel, RIP
  - **Chantry of Our Lady:** Patrick Curran, RIP
- **Our Lady of Pieta Chapel:** Peter Maunder, RIP
- **Our Lady of Walsingham** David Woolf, Int
  - **Shrine of St Joseph:** Mrs Gee, Int
- **Shrine of St Alban:** Mrs Jenn Livingstone, Int

*There are spaces in the diary for Candle Intentions. Reserving a vigil lamp is a beautiful way to remember your loved ones, living or deceased. For a donation of £4.50, to pay for the candle, your intention will be remembered by the whole Parish for one week.*



Of your charity, pray for the repose of the soul of

**MRS. PHILOMENA "SALLY" HILES, RIP**

Requiem Mass: Tuesday 18th February at 11.00am

*Jesus Mercy + Mary Help*



Of your charity, pray for the repose of the soul of

**MR BILLY KEANE, RIP**

who died on Tuesday 28th January 2025. Please also pray for his widow Sandra and family. Funeral St Mary's Newport.

*Jesus Mercy + Mary Help*



**The 2025 Diary Dates** 22nd

Feb.

at 6:30pm in St Alban's Hall

*In aid of the Restoration Fund*



Tea & Coffee after Sunday 10.00am Mass

I am most grateful to Margaret for volunteering to prepare tea and coffee in the Parish Hall after the 10am Sunday Mass. It is open to everyone for a quick cuppa, a biscuit and a catch up!



**The GUILD BOOK SHOP**

New books added daily

New to the website:  
Used books from only £5.00

[www.theguildbookshop.co.uk](http://www.theguildbookshop.co.uk)



**CALLING ALL OLD COPPERS**

Thank you to those who faithfully return their boxes monthly. Your coppers and silver coins are making a difference to the Restoration Fund. Boxes are in the porch of the church Last Sunday £32.08



**Bath Coach Trip**

The re-scheduled to Saturday 10th May, Leaving from the church at 9.30am; leaving Bath at 5pm. Please speak to Tina or Ann. There are currently 6 places available if anyone would like a spring trip (£25pp/ return).





**ST ALBAN'S PARISH MASS  
PHONE LINE: 029 2267 0924  
MEMORARE**



Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.  
Amen.

The Ecumenical Rosary Society of The Blessed Virgin Mary will meet at St Alban's Parish Church on Thursday 13 February at 2:30pm. This being their 287th gathering.



**"A 2025 INITIATIVE"**

LATEST NEWS: Restoration Work  
"Parish Stewardship: *Our* Task"

Unfortunately during the recent high winds a solitary slate was displaced at the apex of the main church roof. The scaffolding required will cost thousands of pounds, the piece of slate, less that £20! (Such is life). There are various ways in which we can all support the Parish's *2025 Restoration Fundraising*. Thank you to the Parishioner who donated £300 in a Gift Aid envelope towards the repair of the church roof.

**CHURCH ROOF REPAIR**

We are hoping that it may now be possible to undertake the repair of the solitary slate on the very top elevation of the church roof by the day hire of a special crane, mechanical not avian (although the latter feather kind if trained would be decorative and functional, and a welcome meal). The day hire will be £800 so I am most grateful to the parishioner who gift aid donated £300 last Sunday.



First Sunday of the Month  
Special Collection for the heating of the church raised £412.70

**St Alban's Catholic Primary School News.**

I am delighted to announce that Mrs Jennifer Livingstone is the new Deputy Headmistress. She was among 4 applicants

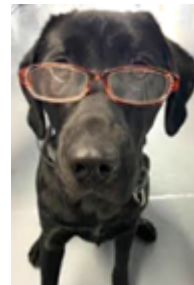
who applied. Two candidates who passed the first round of scrutiny were invited for interview and after a rigorous process of classroom teaching observations, interview by a panel of pupils from the School Senedd; an individual presentation on a previously unseen educational topic before the panel of 8 and then 30 minutes questioning by the panel the successful candidate was chosen. As Parish Priest I thank the Governing Body, the Archdiocese and the Local Authority for participating in the whole process and enabling the Governors to arrive at a decision. Congratulation Jen!

**Parish 200 Club**

1st .£50 -- J T Woodcock

2nd £25 -- Mrs Eileen C. Jones, 3rd £15 -- B Farrant

Thank you for renewing your membership and welcome to all our new members who took a few minutes to fill out the easy newsletter join up form



**Books Woof I Have**

Read by Pippo

My regular readers will both recall that, some months ago, I reviewed Andrew Roberts's excellent biography of Napoleon Bonaparte. As I wrote at the time, Roberts is one of the greatest British historians alive today and so, this week, I decided to read another of his works: '*George III: The Life & Reign of Britain's Most Misunderstood Monarch*'.

As the title suggests, this is very much a revisionist work, in that Roberts up-ends much of what we thought we knew of George III. George is remembered chiefly for his bouts of madness and for the fact that he lost Britain's American colonies. Not surprisingly, therefore, both topics figure highly in this biography, and Roberts does an excellent job of investigating the former whilst largely acquitting George of responsibility for the latter. I found Roberts's debunking of the American foundational myth especially entertaining. The founding fathers of the United States could have stated, quite simply (and, indeed, legitimately), that the colonies had reached sufficient maturity to be able to govern themselves. Instead, they created a litany of lies: claiming that they were being oppressed by tyranny, being taxed unfairly and so forth. Whereas, in reality, they had all the benefits of union with Britain (including armed help to resist French forces in Quebec), whilst contributing very little in return. Indeed, it is telling that they waited until after the defeat of the French in Canada before making a bid for independence.

Yet, there was a good deal more to George's almost 60-year reign than events in North America, and Roberts sheds a good deal of light upon a man who was much misunderstood, both during his lifetime and since his death. A committed Christian, a devoted husband (he was the only king between Charles I and George V to be faithful to his wife), a loving father, and a committed patron of the arts and sciences, George was sensible, sober-minded, and

conscientious. One of the few blots on George's record was his determined opposition to Catholic emancipation (which did not come about until 1829, some 9 years after his death). It was not that George was intolerant of Catholics *per se*, only that he genuinely (if mistakenly) believed that agreeing to admit Catholics to public office *etc.* would be to break his Coronation Oath to uphold the Church of England. It was a measure of George's integrity that he took that oath so seriously. I felt much better informed for having read this book and I would not hesitate to recommend it accordingly.

Christmas Crib Offerings

Thank you to all those who left donations at the crib for the children's hospital in Bethlehem: £84.87



**THE SAINT ALBAN'S ROSARY**

This beautifully hand finished Rosary beads are made exclusively for St Alban's Parish. Please support the Parish repository



SPUC's White Flower Appeal final amount raised £560.00. Thank you.

HERESIES		VS	COUNCILS	
Arian	 "Jesus is lower than the Father!"		Niceai I	 Jesus is equal to the Father
Semi-Arian	 "The Holy Spirit is lower than the Father!"		Const I	 The Holy Spirit is equal to the Father
Nestorian	 "Jesus is two persons, divine and human!"		Ephesus	 Jesus is one person, divine and human
Monophysite	 "Jesus has one nature, divine and human mix!"		Chalcedon	 Jesus has two natures, divine and human.
Nestorian	 "Christ's two natures means two persons!"		Const II	 Jesus is one person with two natures
Monotheliste	 "Jesus only has one Divine Will!"		Const III	 Jesus has two wills, Divine and Human
Iconoclast	 "You can't make icons of Jesus!"		Niceai II	 Jesus is human. We can make icons

"Candlemas"

By St. John Henry Newman

THE Angel-lights of Christmas morn,  
Which shot across the sky,  
Away they pass at Candlemas,  
They sparkle and they die.  
Comfort of earth is brief at best,

Although it be divine;  
Like funeral lights for Christmas gone,  
Old Simeon's tapers shine.  
And then for eight long weeks and more,  
We wait in twilight grey,  
Till the high candle sheds a beam  
On Holy Saturday.  
We wait along the penance-tide  
Of solemn fast and prayer;  
While song is hush'd, and lights grow dim  
In the sin-laden air.

And while the sword in Mary's soul  
Is driven home, we hide  
In our own hearts, and count the wounds  
Of passion and of pride.  
And still, though Candlemas be spent  
And Alleluias o'er,  
Mary is music in our need,  
And Jesus light in store.

(The Birmingham Oratory 1849)



ON BECOMING A CATHOLIC



**NB: Adults:** If you are a Catholic who hasn't made their First Holy Communion, or are not a Catholic or not Baptised and would like to become a Catholic please see Fr Sebastian. The Oratory custom of "one to one" conversations for preparing for the Sacraments means that everything is at the pace of you the enquirer and questions and discussion moves at your own pace. Growing in the Catholic Faith is not a *fixed date process* but a journey of discovery.

*St Alban pray for the Parish.*



Please consider joining or renewing your subscription for **St Alban's Parish 200 Club** £1 per month. You can join for as few or as many months as you like.

Name: \_\_\_\_\_

I am renewing my 200 Club Membership

Membership is £1 per month

I am a **NEW** 200 Club Member

I am enclosing £\_\_\_\_\_

*Please cut out this slip and enclose it with your Membership Fee in an envelope or hand in to one of the Oratorians. Thank you.*